

SPARTA TAE KWON DO

CLASS SCHEDULE - EFFECTIVE June 1, 2017

TIME	MON	TUE	WED	THU	FRI	SAT	SUN			
9:00-9:30						All Belts	9:30-11:30 Team Sparta			
9:30-10:00										
10:00 -11:00										
11:00 -12:00										
4:00	Jr-Blue to Black 4:00 - 4:45	Tiny Titans 4:00-4:30	Jr-Blue to Black 4:00 - 4:45	Tiny Titans 4:00-4:30						
4:15		Jr-White to Ylw Adv 4:30-5:15			Jr-White to Ylw Adv 4:30-5:15					
4:30										
4:45	Tiny Titans 4:45 - 5:15		Tiny Titans 4:45 - 5:15							
5:00										
5:15	Jr-Orange Green Adv 5:15 - 6:00	Jr-Blue to Black 5:15 - 6:00	Jr-Orange Green Adv 5:15 - 6:00	Jr-Blue to Black 5:15 - 6:00	5:15 - 6:00 White to Orange Adv Open workout					
5:30										
5:45										
6:00	Jr-White to Ylw Adv 6:00 - 6:45	Jr-Orange Green Adv 6:00 - 6:45	Jr-White to Ylw Adv 6:00 - 6:45	Jr-Orange Green Adv 6:00 - 6:45	Green to Black Poomsae 6:00 - 7:00					
6:15										
6:30										
6:45	Team Sparta 6:45 - 8:00	Adults - All Belts 6:45 - 7:45	Adults Open Workout 6:45 - 7:45	Adults - All Belts 6:45 - 7:45						
7:00										
7:15										
7:30										
7:45										
8:00					Team Sparta 7:00 - 9:00					
8:15										
8:30										

Tiny Titans	Ages 4-6		Juniors	Ages 6-12		Adults	Ages 13 & Up
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* Schedule subject to change. Tiny Titan classes are only 30 minutes. 6 years old are subject to evaluation for Tiny Titans or Juniors