

# SPARTA TAE KWON DO

CLASS SCHEDULE - EFFECTIVE January 1, 2018

TIME	MON	TUE	WED	THU	FRI	SAT	SUN	
9:00-9:30						<b>All Belts</b> 9:00 - 10:00	<b>9:30-11:30</b> Team Sparta	
9:30-10:00								
10:00 -11:00								
11:00 -12:00								
4:00	<b>Tiny Titans</b> 4:00 - 4:30	Private & Open Workout 4:00-4:30	<b>Tiny Titans</b> 4:00 - 4:30	Private & Open Workout 4:00-4:30				
4:30	<b>Jr-Green to Black</b> 4:30 - 5:15	<b>Jr-White</b> 4:30-5:15	<b>Jr-Green to Black</b> 4:30 - 5:15	<b>Jr-White</b> 4:30-5:15				
5:15	<b>Jr-Yellow Orange</b> 5:15 - 6:00	<b>Jr-Green to Black</b> 5:15 - 6:00	<b>Jr-Yellow Orange</b> 5:15 - 6:00	<b>Jr-Green to Black</b> 5:15 - 6:00				Private & Open Workout 5:15-6:00
6:00	<b>Jr-White</b> 6:00-6:45	<b>Jr-Yellow Orange</b> 6:00 - 6:45	<b>Jr-White</b> 6:00-6:45	<b>Jr-Yellow Orange</b> 6:00 - 6:45				<b>Green to Black Poomsae</b> 6:00 - 7:00
6:00	<b>Team Sparta</b> 6:45 - 8:30	<b>Adults - All Belts</b> 6:45 - 7:45	<b>Open Workout</b> 6:45 - 7:45	<b>Adults - All Belts</b> 6:45 - 7:45				
6:45								
7:00								
7:45								<b>Team Sparta</b> 7:00 - 9:00
8:30								

<b>Tiny Titans</b>	<b>Ages 4-6</b>		<b>Juniors</b>	<b>Ages 6-12</b>		<b>Adults</b>	<b>Ages 13 &amp; Up</b>
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\* Schedule subject to change. Tiny Titan classes are 30 min classes. 6 years old are subject to evaluation for Tiny Titans or Juniors